



European Monitoring Centre
for Drugs and Drug Addiction

EMCDDA and the EU actions on new drugs

Dr. R. Sedefov, EMCDDA Action on New Drugs
30-31 January 2008, Zagreb-Dubrovnik

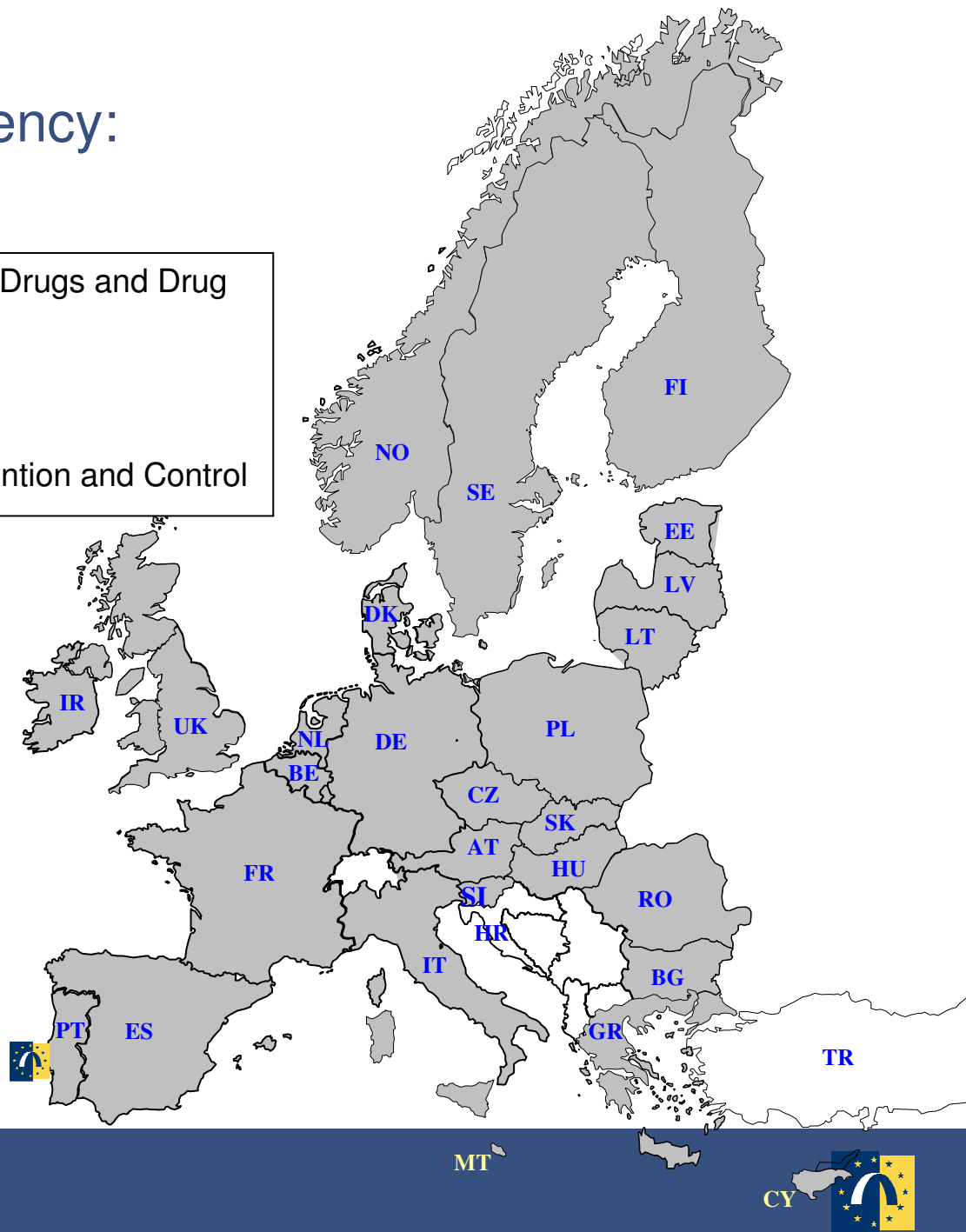
EMCDDA the EU drugs agency: data (EWS) coverage

EMCDDA – European Monitoring Center for Drugs and Drug Addiction, Lisbon

Two sister agencies

EMA – European Medicines Agency

ECDC – European Centre for Disease Prevention and Control



EMCDDA monitoring fields

- 5 key epidemiological indicators
 - Prevalence & patterns of drug use in the general population
 - Prevalence & patterns of problem drug use
 - Drug-related infectious diseases (HIV, HCV, HBV)
 - Drug-related deaths and mortality of drug users
 - Demand for drug treatment
- Core data situation
 - Crime and market/supply/availability
 - Youth and school surveys (incl. ESPAD)
- Action on new drugs
 - Early-warning system on new psychoactive substances
 - Risk assessment of new psychoactive substances
 - Emerging trends: European-perspectives on drugs (E-POD)
- Core data responses
 - Prevention (EDDRA), treatment, rehabilitation, harm reduction
 - National and Community strategies
 - National and Community legislation (ELDD)



EU actions on new drugs: legal base

- June 1997 – May 2005

Joint Action of 16 June 1997 concerning the information exchange, risk assessment and the control of new synthetic drugs (NSD).

- May 2005 – present

Council Decision 2005/387/JHA of 10 May 2005 on information exchange, risk assessment and control of new psychoactive substances (NPSA).



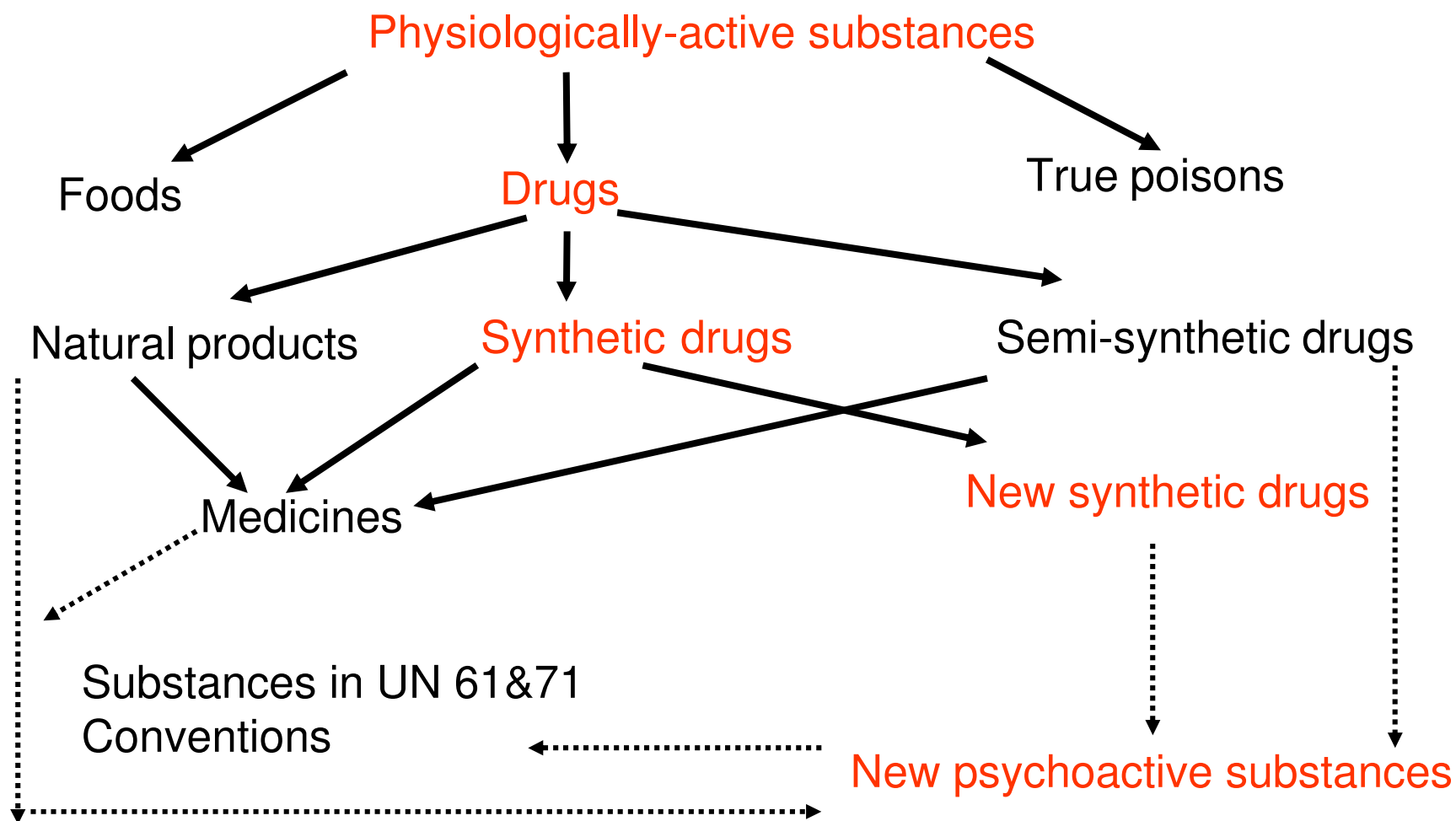
Council Decision 2005/387/JHA: scope and provisions

Council Decision 2005/387/JHA concerns NPAS:

- new psychotropic and new narcotic drugs (synthetic and natural alike) similar to those listed 1961 & 1971 UN Conventions, i.e. natural and synthetic alike;
- may include preparations containing NPAS;
- end products (excluding precursors);
- may include medicinal products as defined in Directive 2001/82/EC and in Directive 2001/83/EC but substances of established and acknowledged medical value are excluded from control measures based on the Decision, i.e. medicinal products and API are in the scope of the info exchange only;
- stimulates exchange of information on misused psychoactive medicines and on emerging trends in new uses of existing substances;
- maintains the three steps - EWS, risk assessment, decision-making.

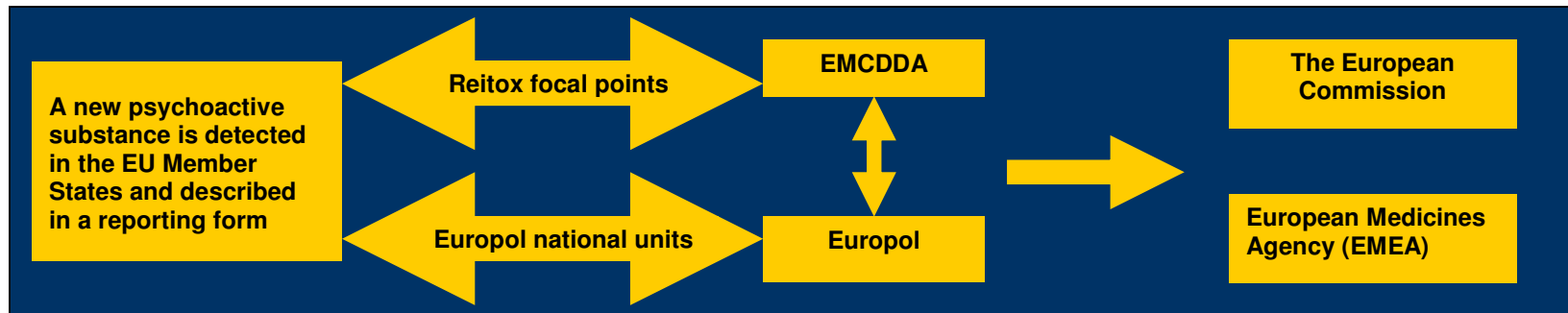


Scope of the substances covered



Council Decision 2005/387/JHA: a three-step process

Information exchange/Early-warning



Risk assessment



Decision-making



EWS as a public health notion

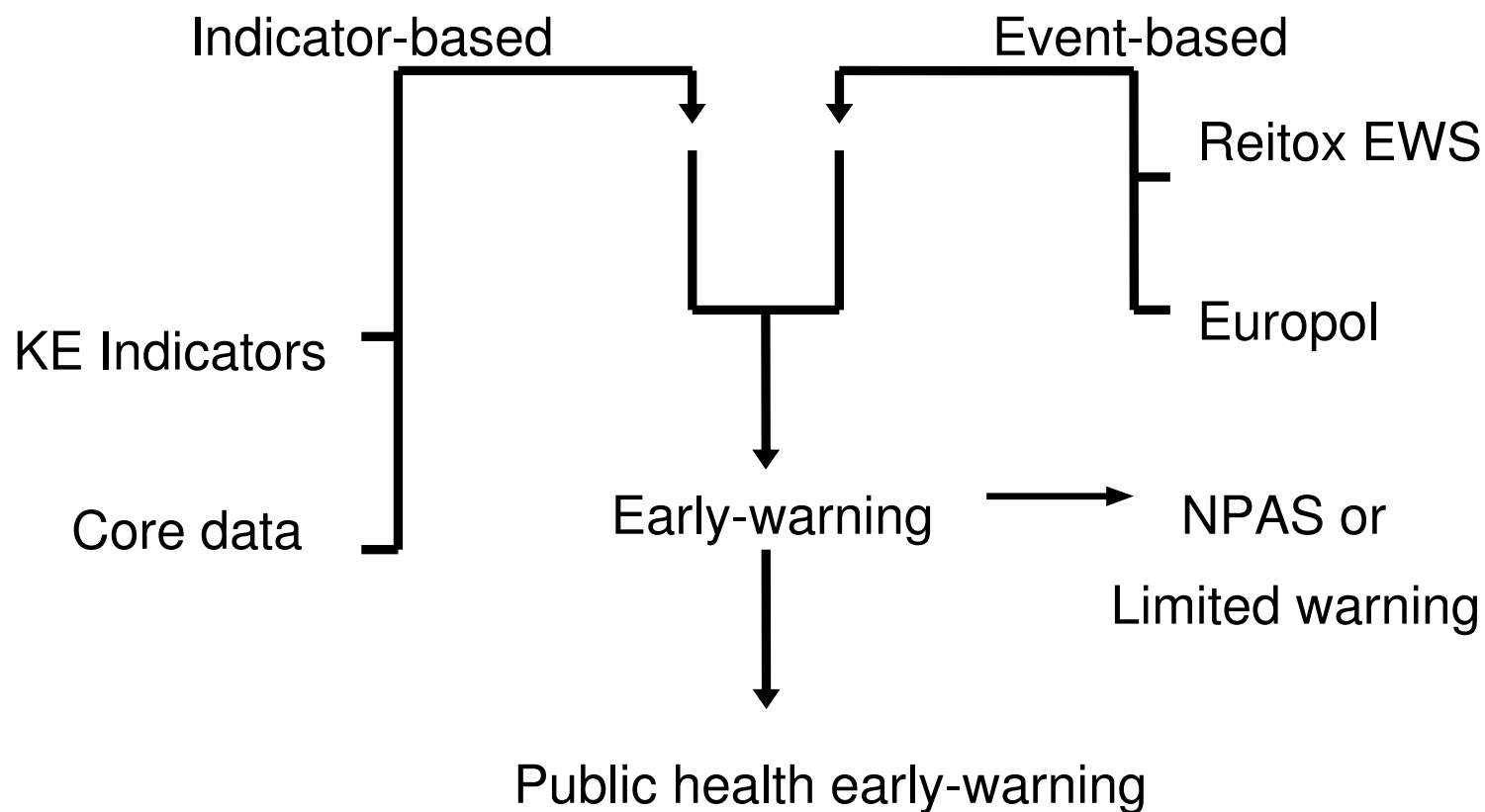
- EWS aims to detect a significant risk to public health and to inform relevant authorities as quickly as possible

For example, the second pillar of the communicable disease network is an early warning and response system to alert public health authorities in MS and the Commission on outbreaks with greater than national dimensions, so that coordinated EU action may be taken (now ECDC).

- Existing EWSs cover specific areas, according to the type of threat – this approach may lead to a situation where some very relevant threats to public health are not fully covered



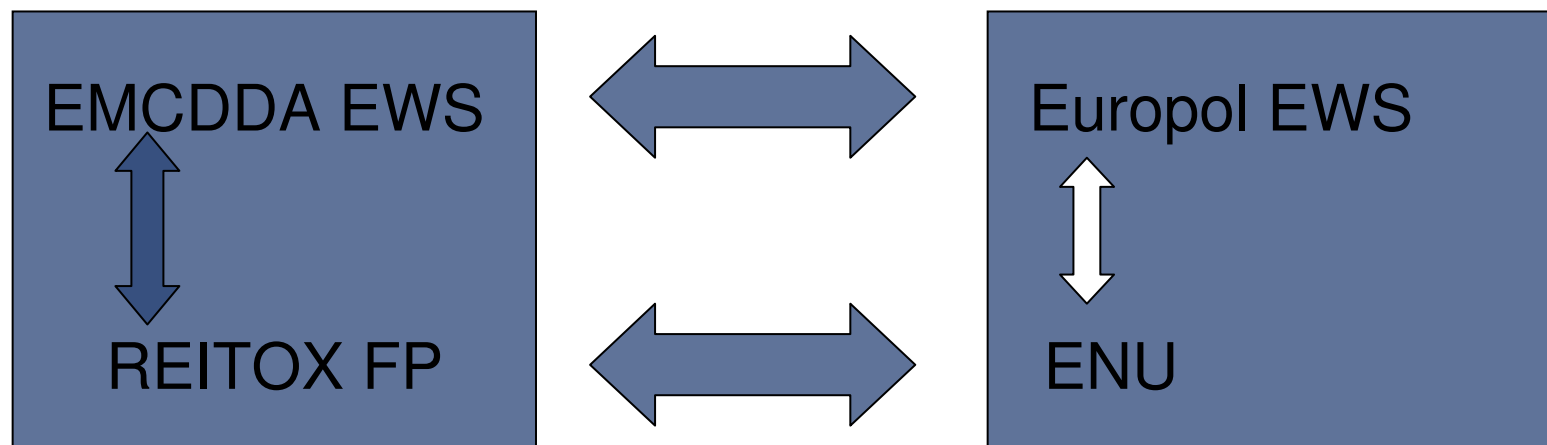
Early-warning system: sources and response



Adapted from R. Kaiser et al., 2005



EWS: a truly multidisciplinary effort



- EWS is a combination of rapid exchange, collection and appraisal (input - analysis/validation - output) of information over a short period of time
- The EWS allows for longer-term monitoring of substances and trends in (new) synthetic drugs

EWS information

Primary data on new psychoactive substances



- use, traffic and manufacture: chemical and physical description, names, frequency and circumstances, means and methods, organised crime, first indications of health and social risks
- technical information (analytical data and spectra)
- scientific literature

Tools

- reporting form
- progress reports (longer-term monitoring)
- joint report
- active monitoring

Public-health related information/health alerts

- unusual adulterants
- seizures or detections of uncommon scheduled drugs
- Problems with established drugs, e.g. dosage units (tablets, etc.) containing unusually large amounts of active substance, etc

 EUROPOL	REPORTING FORM ON NEW PSYCHOACTIVE DRUGS <small>In accordance with Council Decision 2005/387/JHA of 10 May 2005 on information exchange, risk assessment and control of new psychoactive substances.</small>	
<small>This section should be filled in by Europol or EMCDDA</small>		
Transmitted by Europol <input type="checkbox"/> Transmitted by EMCDDA <input type="checkbox"/>		
Ref. no.: _____ Date of transmission: _____		
<small>The following sections should be filled by the Europol national units (ENU) or Reitox national focal points (NFP) based on the information available and their respective competences</small>		
1. Member State: Ref. no.: _____ Date: _____		Reporting authority: ENU <input type="checkbox"/> Reitox NFP <input type="checkbox"/>
2. Chemical name: Other name(s): Street name(s):		
3. Source of information (fill one or more as appropriate)		
<u>Seizure(s)</u> <input type="checkbox"/> Specify amount (weight, number of tablets, etc.):		
Seizing authority: Date: _____ Place: _____		
<u>Biological sample(s)</u> ⁽¹⁾ <input type="checkbox"/> Specify type:		
Identifying authority: Date: _____ Place: _____		
<u>Collected sample(s)</u> ⁽²⁾ <input type="checkbox"/> Specify amount (weight, number of tablets, etc):		
Collecting authority: Date: _____ Place: _____		
<u>Other substances present</u> (if more than one case, specify for which one):		
Psychoactive ingredients:		
Other ingredients:		

⁽¹⁾ Biological (human) samples e.g. body fluids (urine, blood), tissues, hair, etc.
⁽²⁾ Actively collected by drug monitoring systems for monitoring or research purposes



Identification of NPAS

A substance seen before:

- If reported in another member state *or*
- Described in scientific literature *then*
- Analytical details can be circulated *and*
- Reference samples can be produced

A substance never seen before:

- For powders and tablets then the only efficient method of identification is Nuclear Magnetic Resonance Spectroscopy (NMR)



Characteristics of EWS (and related information)

At national level

- Clear objectives and case definition (i.e. balance between specificity and sensitivity)
- Coverage - national, regional, local, city, etc.
- Pro-activity vs. reactivity
- Integration of sources
- Validity – the data is true and certain (backed by evidence)
- Reliability – consistent and replicable over time
- Comparability
- Usefulness of information
- Emergency and routine functions
- Ethically correct



Main sources of EWS-related information at national level

- **Health and care system:** specialised and non-specialised treatment centres, hospitals' emergency rooms, psychiatric departments, low threshold, outreach and street-work agencies, drug prevention centres, drug help lines, GPs, etc.
- **Law enforcement agencies:** police, specialised drug units, customs, prosecution authority, border guards, etc.
- **National medicines agencies** and the national pharmacovigilance systems
- **Laboratory networks:** forensic analysis of seized drugs, toxicological analyses of specimens from deceased persons or analyses of blood and urine samples from living individuals
- **Universities and research** establishments, scientific publications and grey literature in national languages
- **Key informants:** users, organisers of youth venues (concerts, raves, etc.), owners and staff of night clubs, cafés, etc.
- **Media and internet** (discussion groups and forums) etc.



Risk assessment: headings

- Description
 - physical and chemical
 - mechanism of action
 - medical value
- Health risks
 - pharmacotoxicological evidence
 - psychological risk assessment
 - public health risks – epidemiological evidence
- Social risks
 - sociological evidence
 - criminological evidence
- Involvement of organised crime
- Options for control and possible consequences
- Chemical precursors



Risk assessment on new synthetic drugs 1998-2003

MBDB	N-methyl-1-(1,3-benzodioxol-5-yl)-2-butanamine (1998)
4-MTA	4-methylthioamphetamine (1999)
ketamine	2-(2-chlorophenyl)-2-(methylamino)-cyclohexanone (2000)
GHB	gamma-hydroxybutyrate (2000/2001)
PMMA	para-methoxymethamphetamine (2001)
2C-I	2,5-dimethoxy-4-iodophenethylamine (2003)
2C-T-2	2,5-dimethoxy-4ethylthiophenethylamine (2003)
2C-T-7	2,5-dimethoxy-4-(n)-propylthiophenethylamine (2003)
TMA-2	2,4,5-trimethoxyamphetamine (2003)



New substances notified in 2007

1. **2C-B-Fly** (8-bromo-2,3,6,7-benzo-dihydro-difuran-ethylamine) – 15 February 2007 – Finland
 2. **5-MeO-Dalt** (N,N-diallyl-5-methoxytryptamine) – 15 February 2007 – Finland
 3. **N-ethyl-2C-B** (N-ethyl- 4-Bromo-2,5-dimethoxybenzeneethanamine) – 22 February 2007 – Finland
 4. **Vanoxerine** (1-[2-[bis(4-fluorophenyl)methoxy]ethyl]-4-(3-phenylpropyl)piperazine) – 3 May 2007 – Belgium
 5. **D2PM** ((S)-(-)- α,α -Diphenyl-2-pyrrolidinylmethanol) – 11 May 2007 – United Kingdom
 6. **N-Acetyl-DOB** (N-Acetyl-4-bromo-2,5-dimethoxyamphetamine) – 11 June 2007 – United Kingdom
 7. **Glaucine** ((6aS)-1,2,9,10-tetramethoxyaporphine) – 2 July 2007 – United Kingdom
- 4-MTA** (4-methylthioamphetamine) – 5 June 2007 – France

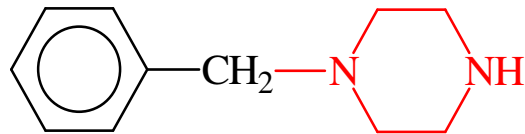
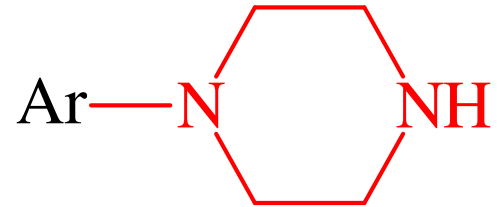


New substances notified in 2007 (cont.)

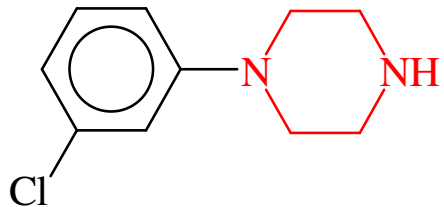
8. **Fenazepam** (7-brom-5/o-chlorphenyl/1,2-dihydro-3H-1,4-benzodiazepin-2-on) – 1st half 2007 – Finland
9. **Harmine** (7-Methoxy-1-methyl-9H-pyrido[3,4-b]indole) – 1st half 2007 – Finland
10. **Bufotenine** (3-(2-dimethylaminoethyl)-1H-indol-5-ol) – 1st half 2007 – United Kingdom
11. **Salvia Divinorum** – 1st half 2007 – United Kingdom
12. **1-PEA** (1-Phenylethylamine) – 1st half 2007 – United Kingdom
13. **Nimetazepam** (2-methyl-9-nitro-6-phenyl-2,5-diazabicyclo[5.4.0]undeca-5,8,10,12-tetraen-3-one) – 1st half 2007 – United Kingdom
14. **Gelbes** 1-(3-chlorophenyl)-4-(3-chloropropyl)piperazine – Austria
15. **NMPEA** (N methyl phenylethylamine) – 6 December 2007



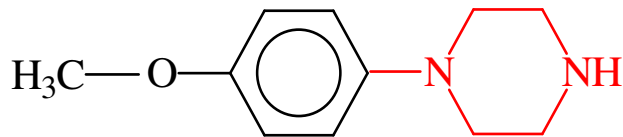
N-Arylpiperazines: Structures



Benzylpiperazine (BZP)



m-Chlorophenylpiperazine (CPP)



p-Methoxyphenylpiperazine (MeOPP)

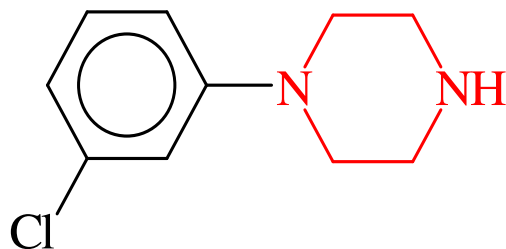
All reported in EU as NSD/NPAS

m-Chlorophenylpiperazine (mCPP): dosage units



Tablets known in different European countries as: X4' (Netherlands, Sweden), 'duhovka' (Hungary, Czech Republic), 'regenboogies', 'arc-en-ciel' (Belgium), 'arlequin' (France), 'rainbow' (Slovenia), 'Rolls Royce', 'smarties' (Switzerland)

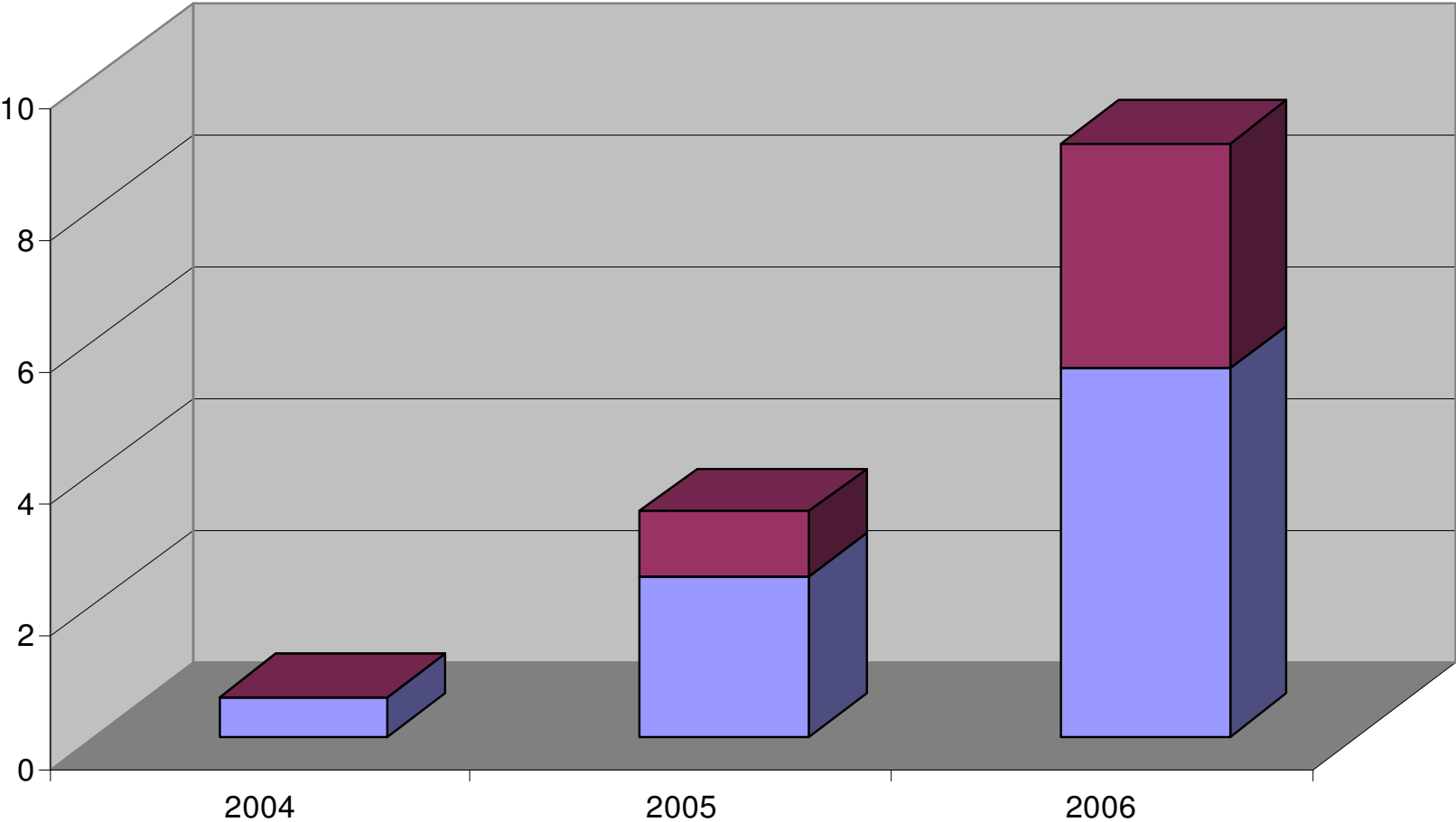
m-Chlorophenylpiperazine (mCPP)



- Reported in all Member States since 2004
- Usually as tablets (8 - 80mg mCPP), some powders
- Sometimes mixed with MDMA in dosage units
- A mixed agonist and antagonist at 5HT receptors
- Little reaction with dopaminergic system
- Widely used in experimental human pharmacology
- Intoxications resemble the 'serotonin syndrome'
- Not neurotoxic
- No major impairment of cognitive functions
- Little potential for dependence
- No fatal poisonings reported
- Commercially available
- Ortho- and para-CPP isomers also occur

DIMS – Trimbos institute

%XTC-pills containing mCPP



■ mCPP ■ mCPP+MDMA



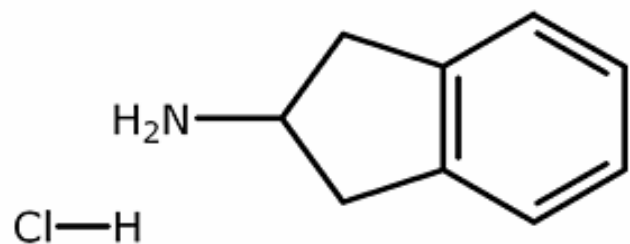
Risk assessed in 2007: 1- benzylpiperazine (BZP)



First notified via the EWS in 1999, but its emergence as a recreational drug with potential for spread in Europe lay relatively latent until the second half of 2004. In the last two years, BZP-containing products are aggressively marketed by various retailers as a legal alternative to ecstasy, but clearly specified as piperazine products, often erroneously or intentionally misrepresented as ‘natural’ or ‘herbal’. On the illegal drugs market, BZP may also be sold/bought as the popular drug ecstasy.

EWS monitors new groups (examples)

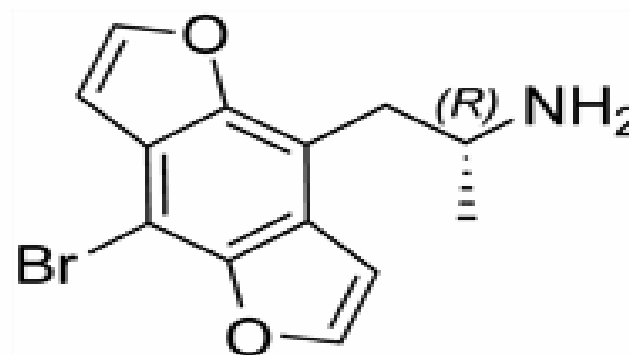
Aminoindans



2-aminoindan

1H-Inden-2-amine, 2,3-dihydro

Benzodifuranyls



Bromo-dragonfly

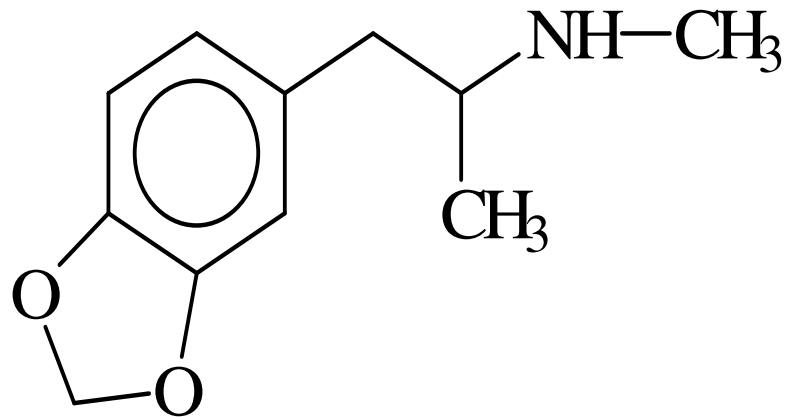
Bromo-benzodifuranyl-isopropylamine

1-(8-brombenso[1,2-b;4,5-b']difuran-4-yl)-

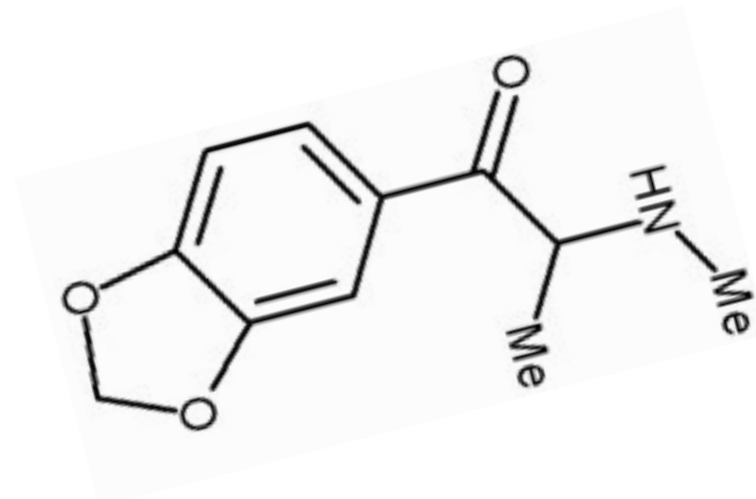
2-aminopropane

EWS monitors new groups: methydone (MDMCAT)

The benzylic ketone derivate of MDMA
– can be described as ring-substituted
cathinone



3,4-methylenedioxy-N-methylamphetamine



3,4-methylenedioxy-N-methylcathinone
2-methylamino-1-[3,4-
methylenedioxyphenyl]propan-1-one

Challenges

- Internet sales
- New unanticipated chemicals, plants, medicinal products
- Reference materials (seized substances or reference substances)
- Risk assessment guidelines
- Beyond the legal scope of the Council Decision (cannabis, cocaine, Fentanyl)
- New trends identification and monitoring (GHB, ketamine, MA,)



Contacts

Roumen.Sedefov@emcdda.europa.eu

<http://www.emcdda.europa.eu/>

