



# Development and implementation of drug prevention programs in schools and local communities

Development and Implementation of Drug Prevention Programs: Regulation, Programs Portfolio and Evaluation Instruments



Zagreb, 10th-11th december 2009

## Operational prevention program in Galicia: some requested questions

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- How does it work?
- What kind of programs do you do?
- Who is responsible for the implementation?
- What kind of evaluation and who is responsible?

I will try to answer them but...will I get it?

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# index

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- Organization Frame: territory, structure and competences
  
  - Preventive processes and prevention in Galicia: Development and implementation
    - Bases and key elements
    - Authorization, Data collection, Implementation and program evaluation.
-

# Organization frame: territory, budget and competences (I)

- **Territory:** **Galicia** Autonomous Community (2.700.000 inhab.)
- **Budget**

2009	2010
4.602.058 €	3.955.596 €



- **Competences:**
  - National Plan on Drugs (Strategy, coordination)
  - **Autonomic Plans** (19): Planning, funding and assessing .
  - Local Plans (35 in Galicia): program implementation
    - 38% of the geographical area; 80% of the population
    - 44 services. 83 professionals

# Organization frame: territory, budget and competences (II)

## NATIONAL PLAN ON DRUGS (1985)

- Overall regulations
- National Coordination
- Overall strategy
- Funding (10%)
- Research



## GALICIA PLAN ON DRUGS (1986)

- Atonomous regulations
- Resource planning and mapping
  - With local Administration and GNOs
- Program authorization
- Coverage, processes and outcomes evaluation
- Funding (70%)



## LOCAL PLANS ON DRUGS (1990)

- Professional network
- Program management and implementation
- Process assessment
- Co-funding (20%)



## Prevention in Galicia: how does it work?(I)

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- Bases: 20 years of prevention
    - legal: specific law
    - organization: included in the health care system
    - planning: 4 temporary sectorial plans
      - Objectives, actions and indicators
    - Structure:
      - Mapping of risks to place resources
      - Local professional network
      - Diversified and flexible service portfolio
      - Evaluation culture
      - Steady funding
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## Prevention in Galicia: how does it work?(II)

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1. Needs assessment ▶
  2. Planning logical model ▶
  3. Network strengthening ▶ ▶
  4. Continuous training ▶
  5. Program authorization ▶
  6. **Services portfolio**
  7. **Evaluation and quality**
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# Services Portfolio : Programs we implement

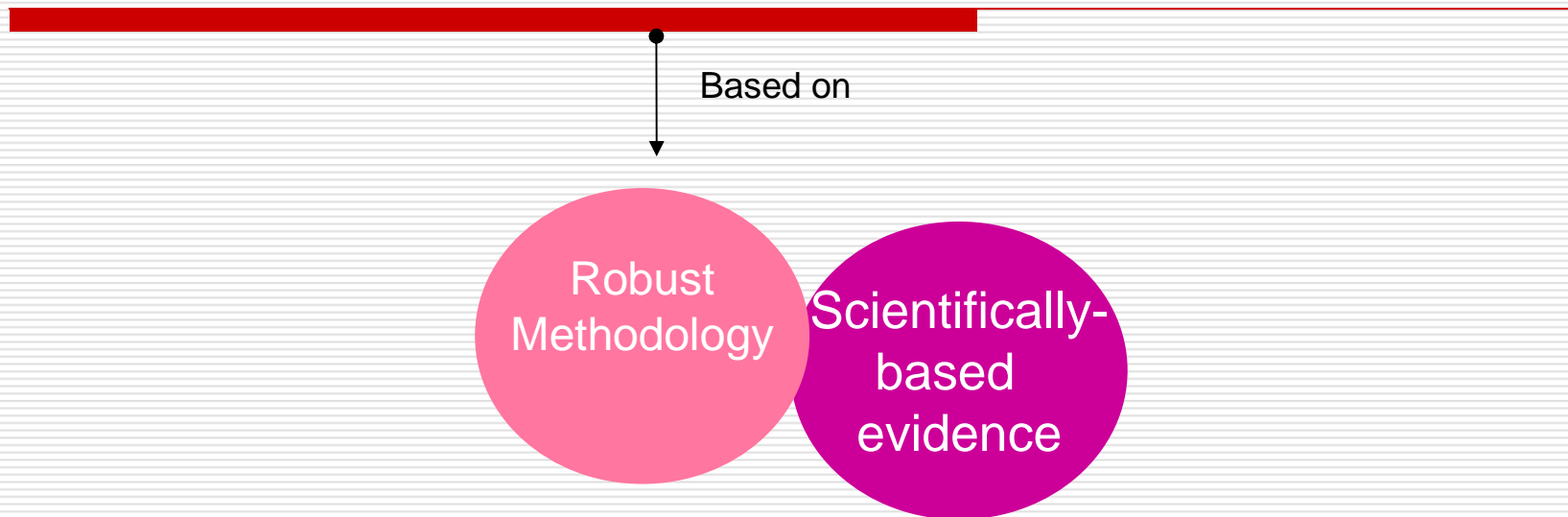
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# WHY IMPLEMENT THIS PLAN?

## QUALITY ENHANCEMENT OF PREVENTIVE PROGRAMS



**Galician Plan on Drugs Strategic Objective  
For Drug Use Prevention**



# THE DRUG PREVENTION ACTIONS PROMOTED BY THE XUNTA DE GALICIA are based on

Implementing a global strategy to enhance quality, which includes a wide variety of complementary actions:

## Approving

a prevention service portfolio aiming to manage prevention processes.

## Creating

technical guidelines and manuals to implement the service portfolio.

## Approving

the 41/2008 Decree issued on 28th February, which establishes basic criteria to authorize drug use prevention programs, and creates the prevention Technical Committee.

## Providing

prevention experts of the Galician Plan on Drugs with different supporting tools to help manage the prevention service portfolio.

## Mapping

prevention local services.

## Implementating

EFQM model and European Standards in Drug Prevention Project



# B

## SERVICE PORTFOLIO

Programs classified according to their field and level of risk of the target population



### SCHOOL-BASED

Prevention programs

- School-based drug-use preventive programs –PPCDE- ( universal prevention program ).
- “Cinensino” (Universal prevention program).
- “No pasa nada, ¿pasa algo?” (selective prevention program).
- “Odisea”(selective prevention program in social guarantee centres).



### FAMILY-BASED

Programs

- “Más que un techo” ( universal prevention program).
- “En familia todos cuentan” (selective prevention program).
- “Entre todos” (Indicated prevention program).



### YOUTH-ORIENTED

Programs

- “Activa” (universal prevention program).
- “Cambio de sentido”. Impaired driving prevention program (universal prevention program).
- “Alternativa” prevention program addressed to young people charged with drug use or drug possession in public venues (selective prevention program).
- “Creative” program aiming to prevent the use of alcohol and other substances in public venues (selective prevention program).



### WORK PLACE-BASED

Programs

- “Al alcance” universal drug use prevention program in the work place



### OTHER COLLECTIVES

Prevention Programs addressed to

- “Acais” program aiming to prevent drug use and unhealthy habits among the Gypsy Community.



### INDICATED PREVENTION PROGRAM FOR DRUG-USERS

Indicated Prevention Program for

- “SISIFO” program, early intervention for drug users in a state of social emergency.
- “Itinere”, indicated prevention program aiming to promote job placement and social rehabilitation for drug users released from prison.



### GENDER-BASED

Prevention Programs

- “Penélope” program aiming to prevent drug use among women.



### CROSS-SECTIONAL ACTIVITIES

To support preventive programs

- Information/awareness interventions about drugs and their effects.
- Drug use prevention training for social mediators.



# SUPPORTING TOOLS

for managing prevention service portfolio



**1.**  
Continuing training program for alcohol and other drug use prevention.

**2.**  
Prevention objectives y interventions of the Galician Plan on Drugs 2007-2009

**3.**  
Legal regulation regarding prevention key aspects

**4.**  
Cooperation agreement model so that the Consellería de Sanidade (Galician Health Ministry), Servicio Gallego de Salud (Galician Health Service), and local administrations can co-finance drug use prevention programs

**5.**  
Collaboration agreement among the Consellería de Sanidade, Servicio Gallego de Salud and local associations aiming to develop drug use prevention programs

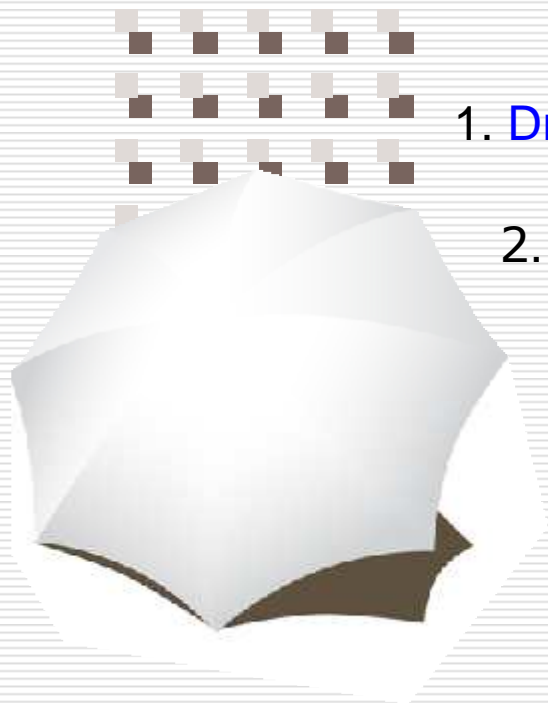
**6.**  
Activity-financing internal protocols (PIAF)

**7.**  
XESAPI software application to manage and assess prevention programs



## TECHNICAL GUIDES

to implement the prevention service portfolio of the Galician Plan on Drugs



1. **Drug prevention planning** guide: logical approach .
2. **Information-awareness** guide
3. **Social mediators training** guide
4. **Available evidence-based** guidelines

# What kind of evaluation and who is responsible? (I)

## Quality and evaluation culture

### EFQM Model

**piensa por ti.**



**IMPLANTACIÓN DEL PROGRAMA DE GESTIÓN DE CALIDAD EFQM EN EL PLAN DE GALICIA SOBRE DROGAS (MODELO EUROPEO DE EXCELENCIA)**



Agentes: Gestión Personal, Política Estratégica, Recursos. Resultados: Satisfacción Cliente, Satisfacción Personal, Impacto Social.

USC, XUNTA DE GALICIA, CONSELLERÍA DE SANIDADE, XACOBEO 2004, MINISTERIO DEL INTERIOR, DIRECCIÓN DEL PLANIFICACION, SIGUE AVANZANDO.

Financiado por:

Mayo 2004



Partners project

EFQM, gestión e/i, LRQA, Mida la Diferencia

**EUROPEA CALIDAD EUROPEA**

**CALIDAD EUROPEA**

LRQA, por concesión del Club Excelencia en Gestión, otorga el Sello de Calidad Europea por su Sistema de Gestión en el nivel 200-400, a

**Subdirección Xeral de Saúde Mental e Drogo-dependencias - Plan Galicia sobre Drogas-**

De acuerdo con la puntuación obtenida en la evaluación realizada siguiendo los criterios del Modelo EFQM de Excelencia.

Fecha de concesión del Sello: 5 de Diciembre de 2006  
Periodo de validez: 2 años  
Certificado nº: CEG / CEU / 0066/06

Firma 

Por LRQA

EFQM, LRQA, Mida la Diferencia

**COMPROMISO EXCELENCIA EUROPEA**

LRQA, por concesión del Club Excelencia en Gestión, otorga el Sello de Compromiso hacia la Excelencia Empresas 2007 por su Sistema de Gestión, a

**Subdirección Xeral de Saúde Mental e Drogo-dependencias (SXSMD) Servicio Galego de Saúde, Consellería de Sanidade, Xunta de Galicia.**

De acuerdo con la puntuación obtenida en la evaluación realizada siguiendo los criterios del Modelo EFQM de Excelencia.

Fecha de concesión del Sello: 26 de MARZO de 2009  
Periodo de validez: 2 años  
Certificado nº: CEG / 2007 / 0024 / 09


Firma 

Por LRQA

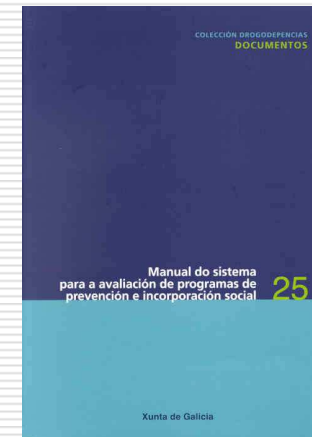
# What kind of evaluation and who is responsible? (II)

## Quality and evaluation culture

### □ Model and tool to guide evaluation process

- Assessment system guide (handbook) 
- Web application and application guide

### □ Instruments for evaluating programs



# What kind of evaluation and who is responsible? (III)

## Evaluation System on Prevention: shared responsibilities

44 information providing services (Councils and GNOs)

83 professionals

Deputy Directorate

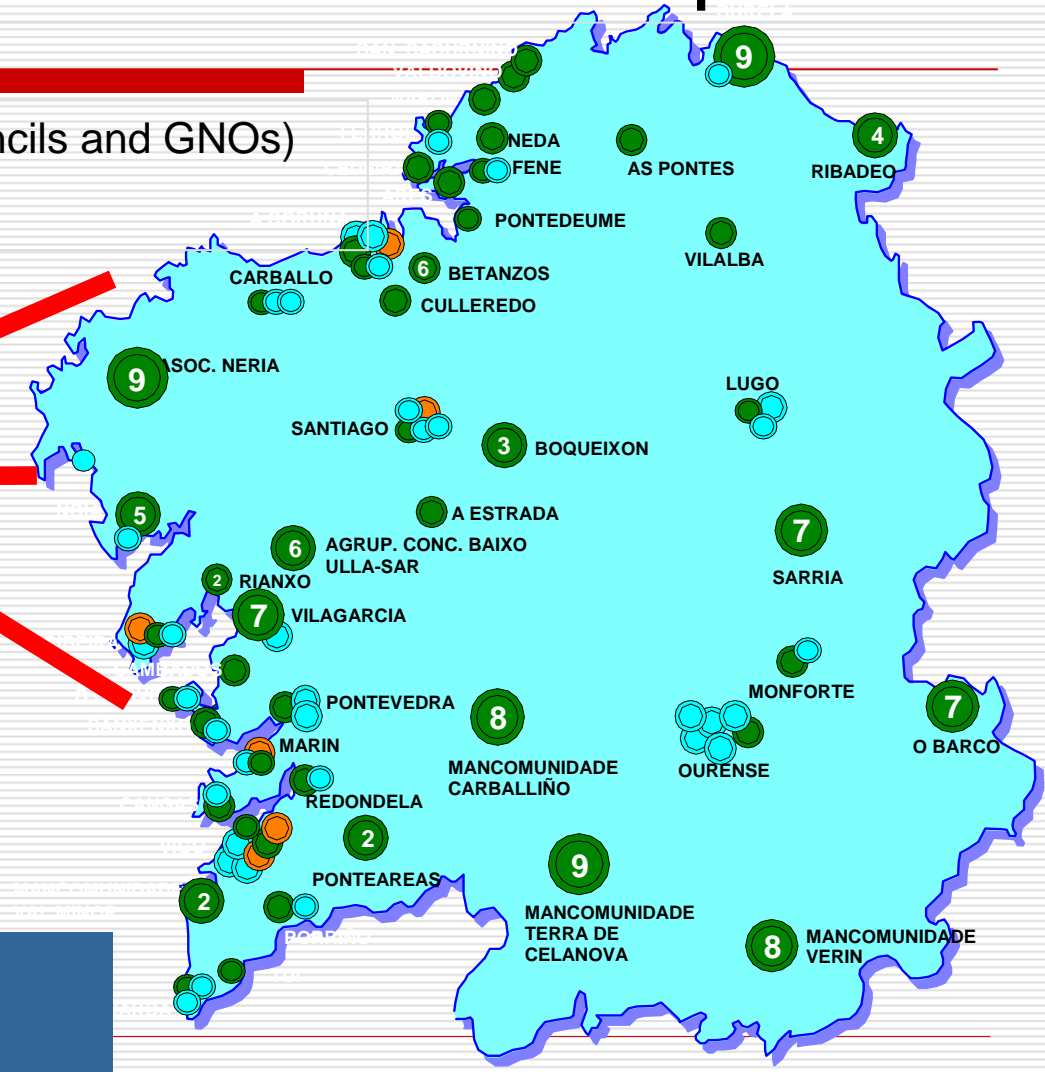
IT Service

Grading

Assessment

Protocols

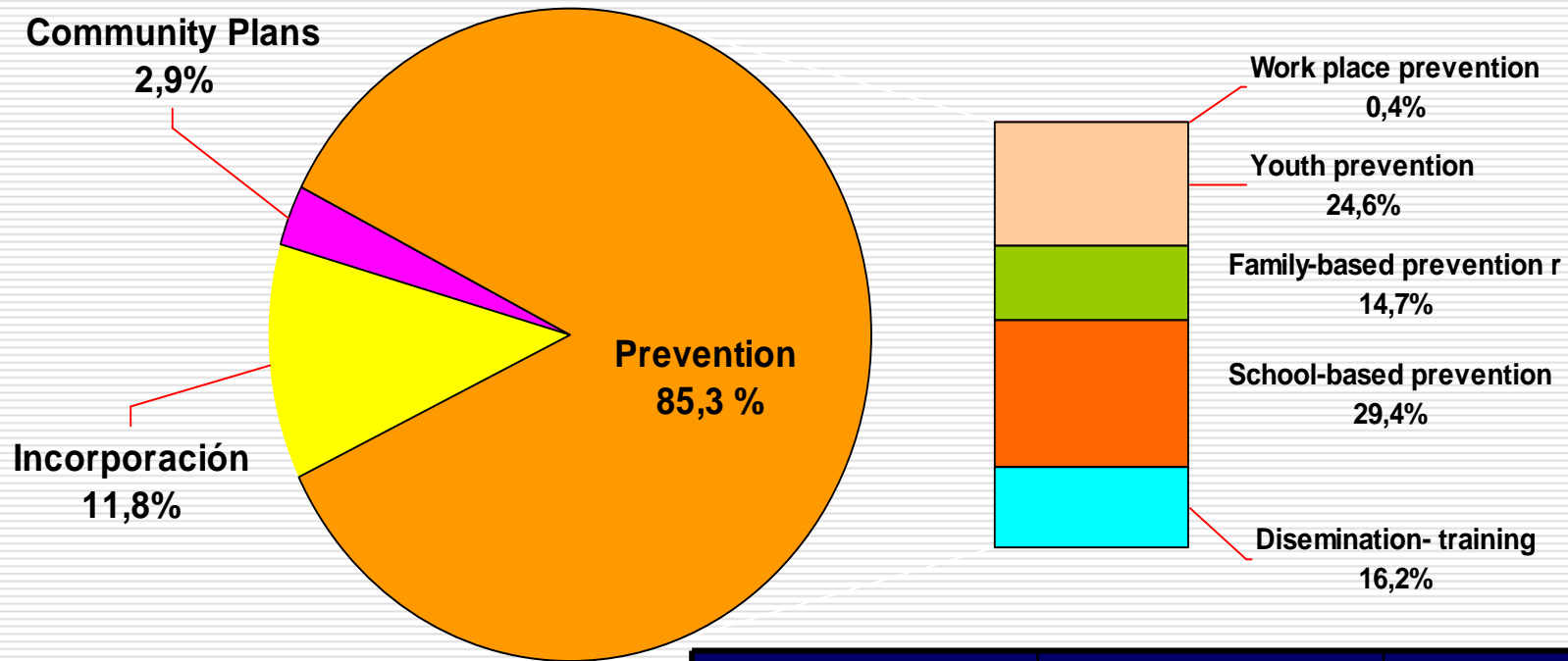
Activity-Funding





# What kind of evaluation and who is responsible?(IV)

## Evaluation System on Prevention: shared responsibilities



NUMBER OF PROGRAMS: 272

UNIVERSAL	SELECTIVE	INDICATED
60%	30%	10%

# What kind of evaluation and who is responsible? (V)

## Is this system efficient?

Table 1.- Overall indicators (coverage, population, programs and costs)

Province	Councils		Programs		Population (%)		Costs/person (€)		Program Costs (€)	Activity Costs (€)
	Nº	%	Nº	%	Potential	Participants	Potential	Participant		
A CORUÑA	49	41	98	36	69	22	0,81	2,53	6.196	1.455
LUGO	22	18	30	11	59	9	0,7	4,81	4.206	1.341
OURENSE	26	22	28	10	59	12	0,77	3,74	5.632	1.770
PONTEVEDRA	23	19	116	43	74	20	0,75	2,82	4.347	1.425
<b>GALICIA</b>	<b>120</b>	<b>38</b>	<b>272</b>	<b>100</b>	<b>68</b>	<b>18</b>	<b>0,89</b>	<b>3,32</b>	<b>5.074</b>	<b>1.462</b>

# Conclusions

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- Complexity of the implementation process: linking theory, research, practice
- Internal and external difficulties and limits: contexts, threats perceived by professionals, slow administrative processes...

## WORKING ON

- Manager-professionals consensus
  - Managing enhancement
  - Continuous Improvement
  - Showing the efficiency of the system
  - Trying to dignify PREVENTION
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Thank you!  
Gracias!  
HVLA!

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