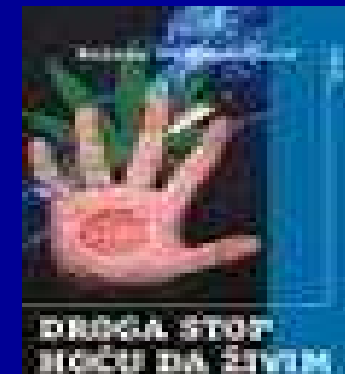




Actions targeting drug-related problems in the local community - experience of the City of Zagreb



City of Zagreb, Department of Health and Veterans on the issue of combating drug abuse cooperate with:

- Healthcare Institutions
- Educational Institutions
- Social institutions
- Nongovernmental organizations
- Ministry of the Interior Affairs
- Zagreb Police Department

Drug reduction programs in the City of Zagreb

"Youth Sports Games"

- Department of Health and Veterans, in cooperation with the Association for sports and recreation, traditionally organizes Youth Sports Games, in which children and young people, the citizens of the City of Zagreb, participate in different sports.
- 2 000 participants at this year's 15th sports games from the City of Zagreb.

Type of prevention: universal, selective, indicated



Prevention

Counseling Program for Mental Health and Addiction Prevention Institute of Public Health, "Dr. Andrija Stampar"

- Individual and family counseling / educational treatment, production of promotional and educational materials, telephone counseling.
- Outside the hospital treatment program (individual / psychiatric / medical treatment, the implementation of compulsory treatment at the court decision, testing urine for the presence of psychoactive substances, prevention of HIV infection, infection with hepatitis B and C.
- Mental health (promotion and advancement of mental health, prevention, early detection, treatment and rehabilitation of mental behavior/ mental disorder.

Types of prevention: universal, selective, indicated



- **The Information Centre for Prevention** (conducted in collaboration with the Ministry of Interior Affairs, Zagreb Police Department, the Department of Prevention)
 - interactive lectures by the police officers for sixth grade students on "Drug abuse and other forms of risky behavior."
- **the Fair of opportunities-** children are actively participating in the fair activities, learn about the harmful effects of nicotine, alcohol and drugs on human life and health, and reduce the incidence of high-risk and socially unacceptable behavior.



Prevention-Collaboration with the Zagreb Police Department

- **"I can if I want to" – MAH1 and MAH2**
 - implemented in order to reduce the risk and incidence of socially unacceptable behavior especially drug abuse and other addictive substances.
- **"No, because No"-**
 - lectures about the consequences of drug abuse, legislation, etc.

Participating students first year of high school.

Type of prevention:

universal, selective, indicated



Treatment

Funding and cooperation with medical institutions that deal with addiction treatment:

- **Psychiatric Hospital "Sveti Ivan"**
- **Clinical Hospital "Sestre milosrdnice"**
- **Psychiatric hospital "Vrapče"**
- **Institute of Public Health, "Dr. Andrija Štampar"**
- **Two units for outpatient addiction treatment Remetinec, Dubrava**

Nongovernmental organizations

■ Club addicts "12 Steps"

"Family Club group of addicts and mediation for employment of members"

Active assistance in the resocialization of drug addicts and mediation in finding a job, individual and family counseling.

■ Association "for each other" - "Jedni za druge"

"The rehabilitation of addicts through assistance in the rehabilitation of persons with disabilities"

- assisting a therapeutic riding.



- **Association of Parents "Zajednica susret"**

rehabilitation and resocialization of drug addicts through the active involvement of parents and other family members of addicts, consultations for Psychosocial Rehabilitation



- **Association to support families of drug addicts UPO**

"Turn to the right values-living without drugs"

Activity involves the entire family of addicts.

- **Society for the Prevention, information, activities and re-socialization "SIDRO"**
"From darkness to light"



- **Association for improving the quality of life "LET"**
"The harm reduction"
- **Society for the protection and promotion of mental health and combating addiction**
Peščenica

School Drug Abuse Prevention Programs



- implemented in educational institutions continuously since 1998.
- in most primary and secondary schools in the City of Zagreb.
- Involve learning life (social) skills, youth empowerment in problem solving, overcoming crisis, build positive attitudes towards life, learning, self-esteem, etc.

- Thank you for your attention!